

EXPERIENCE

2011-Present: Life Time LifeSpa/Medi - Aesthetic Education Director / Certified Nurse Practitioner

Responsible for creating aesthetic curriculum, leading instruction of aesthetic medical providers in the techniques and cosmetic applications of injectables, building a team of aesthetic providers, and evaluating, assessing, and treating clients with dermal fillers, neurotoxins, PRP/PRF, threads, and deoxycholic acid in the clinical setting.

2009-Present: Aesthetic Enhancement Solutions, LLC – President/Founder

2002-Present: Connie Brennan, N.P. Consulting

www.conniebrennan.com and info@conniebrennanRN.com

Provide comprehensive training for aesthetic medical providers in the assessment & consultation process as well as techniques and aesthetic applications of dermal fillers, neurotoxins, PRP/PRF, threads, and deoxycholic acid. Experience includes individual and group courses (fundamentals, intermediate and advanced), roundtable discussions, peer-to-peer workshops, in-office preceptorships, and new account training.

Currently a consultant and trainer for Allergan, Galderma, P.A.L.E.T.T.E. (Progressive Aesthetic Learning Essential to Technical Expertise), and Revance.

Past consulting relationships: Bioform, CME Scholars, Health Tech Solutions Laser Seminars, Medical Advocates (University of South Florida), University of Minnesota, and Strata Med.

2008-Present: MMK Plastic Surgery – Edina, MN

N.P./Certified Nurse Practitioner www.MMKplasticsurgery.com

2000-Present: Mesna Plastic Surgery – St. Louis Park, MN

N.P./Certified Nurse Practitioner www.Mesnaplasticsurgery.com

2004-2011: Skin Therapease – Wayzata, MN

R.N./Aesthetic Nurse Specialist

2006-2008: Revescence Skin Care Clinic –Eden Prairie, MN

R.N./Aesthetic Nurse Specialist

1998-2000: Adson Twin Cities Plastic Surgery – Edina, MN

R.N./Aesthetic Nurse Specialist

1998-1999: Abbott Cosmetic Care Center - Edina, MN

R.N./Aesthetic Nurse Specialist/O.R. Circulator/First Assist/PACU

1997-1998: Park Nicollet Ambulatory Surgery Center – St. Louis Park, MN

R.N./O.R. Circulator/PACU

1996-1998: Facial Plastic Surgery, Ltd – Edina, MN

R.N./Aesthetic Nurse Specialist/Clinic Manager

1988-1995: Edina Plastic Surgery, Ltd – Edina, MN R.N.

1994-1995: Registered Nurse/ Collagen Injector/OSHA Safety Officer/Clinical Photographer/O.R. Circulator/First Assist/PACU

1988-1994: Plastic Surgery Assistant/Clinical Photographer

1985-1990: Portrait Studio Photographer/Manager – Burnsville, MN

PROFESSIONAL HIGHLIGHTS

Connie Brennan is a nationally recognized and frequently sought-after expert in facial aesthetic non-surgical treatments that restore and enhance natural beauty.

- 30 +years of experience in aesthetic medicine
- Recognized with over 100 honors
- 1000+ continuing education courses completed (not all listed on CV)
- 25+ publications
- Member of seven associations
- Licensed in 11 states
- US Patent granted in 2020 for the ConnieTray™ Patent #D 890,951 for: TRAY FOR INJECTABLE MEDICAMENTS

EDUCATION AND RECOGNITION

2024

Education

- AmSpa 2024 – Vegas
- ATP Methodology & RHA – Lip Indication – Revance - virtual
- Nodules and how to handle – Xmedica – virtual
- Virtual Injection Training: Facial Anatomy and Aging Process, Revance - virtual
- Mitigating AEs with Dermal Fillers: Anatomical Review of Facial Structures - What you MUST know When Injecting Dermal Fillers – X-Medica – virtual
- EZGEL PRF advanced training – CosmoFrance – St. Louis Park, MN
- Full Face Rejuvenation – PALETTE – Denver, CO
- AMI Faculty Trainer Summit - Allergan – Miami, FL
- EVOLVE – Pittsburgh, PA
- Revance Advanced Training- St. Louis Park, MN
- Allergan Speaker Training - virtual

Recognition

- Naturopathy Practitioner Certification - Scholistico - Worldwide International Practitioners of Holistic Medicine (IPHM) Accreditation
- AMI Training Center Advisory Board meeting – Allergan – virtual
- MVP Life Spa 2023 Artist Achievement Award – Life Time – St. Louis Park, MN
- Learners and Legacy Faculty – Titan Aesthetics – North Carolina
- Lip New Indication Ad Board Faculty -Virtual - Revance
- Revance Aesthetics GurU – Consultant, Speaker, Trainer - Revance
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - Galderma
- AMI (Allergan Medical Institute) Consultant, Speaker, Trainer - Allergan

2023

Education

- A4M Conference – Vegas, NM
- Botox Roundtable – Look of Three - virtual
- APRN Pharmacology Today: Understanding Herbal, Vitamin, and Mineral Supplements (ANA)
- 2023 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Austin, TX
- Allergan Mobile Cadaver Truck at ISPAN – Austin TX
- Aesthetic Facial Rejuvenation Training for Diverse Patient Populations: Best Practices in Injection Strategies and Techniques – Paradigm Medical Communications, LLC
- Skinvive Train the Trainer – Washington DC
- 2023 Aesthetic Extender Symposium (Boca Raton, FL)
- UPNEEQ Speaker Training – RVL Pharmaceuticals
- Tear Trough Titans – PALETTE - virtual
- Battle of the Lips- PALETTE - virtual
- Lips and Perioral Area – PALETTE -virtual
- EZGEL PRF training – CosmoFrance - St. Louis Park, MN
- APRN Pharmacology Today: Polypharmacy Considerations (ANA)
- APRN Pharmacology Today: Safe Prescribing of Opioids (ANA)
- IV/Chelation Therapy Symposium (George Washington University School of Medicine and Health Sciences)
- Lips & Biz - Miami, FL
- Advanced Toxins Only – PALETTE - virtual

- Sculptra Advanced Training – MN
- Male Facial Aesthetics - PALETTE – virtual
- Micro Toxin – Palette - virtual
- Gua Sha Facial Massage Certificate Course - virtual
- Level III – PALETTE – Edina, MN
- PALETTE Faculty Briefing Meeting – Las Vegas, NV
- PRP Advanced Training - MN

Recognition

- Allergan Roundtable Faculty - virtual
- Advisory Board for AMI Curriculum Development - Irvine, CA
- Speaker at 2023 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Austin, TX
- Restylane Rheology Speaker – ISPAN 2023 – Galderma – Austin, TX
- Faculty - Allergan Mobile Cadaver Truck – ISPAN – Austin, TX
- Faculty for Low-Lying Lids Webinar with Steve Yoelin, MD – RVL Pharmaceutical Speaker Bureau
- Platysma Prominence Ad Board – Allergan - Washington DC
- Skinvive Train the Trainer Meeting – Washington DC
- UPNEEQ Speaker Training Faculty – RVL Speaker Bureau
- 2023 Aesthetic Extender Symposium Speaker - Boca Raton, FL
- PALETTE Faculty – Scientiae – NY
- RVL Consultant, Speaker, Trainer – RVL Pharmaceutical
- RHA GURU - Revance
- Daxxify Consultant, Speaker, Trainer - Revance
- GAIN (Galderma Aesthetic Injector network) Consultant, Speaker, Trainer - Galderma
- AMI (Allergan Medical Institute) Consultant, Speaker, Trainer - Allergan

2022

Education

- Daxxify training– Nashville, TN
- Specialty Focus – Treating Cellulite – Thighs and Buttocks – PALETTE - virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE - virtual
- Volux Speaker Training – AMI – Las Vegas, NV
- Micro Toxin – PALETTE - virtual
- Specialty Focus – Rejuvenating the Arms and Knees PLLA – PALETTE – Denver, CO
- ISPAN Preconference Workshop Round Robin Injection Demonstration Workshop – PALETTE - Boston, MN
- 2022 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Boston, MA
- Specialty Focus: Treating cellulite – Thighs and Buttocks PLLA – PALETTE – virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE – Edina, MN
- Specialty Focus: Rejuvenating the Arms and Knees PLLA – PALETTE - virtual
- Specialty Focus: Jowl and Submental Contouring – PALETTE - virtual
- Level II – PALETTE – Minneapolis, MN
- Swift and Cotofana Lower Face Course – virtual
- Temples, Tear Troughs and Cheeks – PALETTE – Fargo, ND
- Advanced Toxins Workshop – PALETTE - virtual
- Battle of the Lips Workshop – PALETTE - virtual
- Level 1 – PALETTE – Edina, MN
- Treating Cellulite – Thighs & Buttocks PLLA Workshop – PALETTE - virtual
- Specialty Focus: Temples, Tear Troughs and Cheeks – PALETTE – Denver, CO
- Level 1 Toxins – PALETTE - virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE - virtual

- Level II – PALETTE - virtual
- Rejuvenating the Arms & knees PLLA Workshop – PALETTE - virtual
- Allergan Medical Institute Accelerate Program Faculty Training – AZ
- Specialty Focus – Temples, Tear Troughs and Cheeks – PALETTE – Edina, MN
- Battle of the Lips Workshop – PALETTE - virtual
- Specialty Focus – Tear Trough Titans – PALETTE - virtual
- Specialty Focus Workshop – Rejuvenating the Lower Face – Lips to Neck – PALETTE - Virtual
- Infraorbital Hollows Speaker Meeting – CA
- RIBC (Revance Injection Broadcast Center) training – Virtual
- Specialty Focus – Temples, Tear Troughs and Cheeks – PALETTE - Virtual
- Swift, Cotofana, and Shamban – RevanceU - virtual

Recognition

- Daxxify Prevu Program and Daxxify Faculty - Nashville, TN
- Faculty for Round Robin Injection Demonstration Workshop - PALETTE- Boston, MA
- Speaker 2022 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Boston, MA
- Recognized as a Top Nurse Practitioner in MN by Today's Nurse
- RHA Advisory Board advisor
- RHA GURU Recognition - Revance
- PALETTE Faculty – Scientiae - NY
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer
- Associate Faculty for Allergan Medical Institute Accelerate Programs across the country - 2022
- Associate Faculty for Allergan Medical Institute Accelerate Program Pilot Program – AZ
- Advisory Board for the Accelerate Program – AMI (Allergan Medical Institute) – Virtual
- AMI (Allergan Medical Institute) Consultant, Speaker, Trainer

2021

Education

- BSN to MSN/AGNP Student (graduated August 2021)– Walden University, Minneapolis, MN
- PALETTE Faculty Briefing Meeting - CA
- Upper Face Cadaver Lab & Injection Course – Palette – Virtual
- Temples, Tear Troughs and Cheeks – Palette - CO
- Rejuvenating the Older Lip – Palette – Virtual
- Volumizing the MidFace – Palette – Virtual
- 2021 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – GA
- MedSpa Mastery Weekend - Virtual
- Battle of the Lips – Palette – Virtual
- Toxins Workshop – Palette – Virtual
- QWO training - MN
- Rejuvenating Beyond the Face – Palette – Virtual
- Test Taking Strategies: Preparation for your Certification Exam - Walden – Virtual
- Jowl and Submental Contouring – Palette – Virtual
- A Case Study Roundtable with Dr. Mauricio de Maio – Allergan – Virtual
- Rejuvenating the Lower Face – Palette – IL
- Revance Course- ND
- AMI - Charlotte, NC
- Intro to Cannula – Palette – Virtual
- Thriving in Aesthetics: High Dose Toxins Webinar – Medical Education Resources - Virtual
- Putting the Pieces Together – Galderma – Virtual
- Level I Fillers – Palette – Virtual

- Advanced Toxins Only – Palette – Virtual
- The Beauty of Balance – Galderma – Virtual
- Volumizing the Midface Workshop – Palette – Virtual
- Train the Trainer 2021 Defyne for Chin – Galderma – Virtual
- AART of GAIN Webinars: Why Chin? – Galderma – Virtual
- PelvicSim Placement Training for Paragard Certification – Paragard
- Precision with Toxins: Live Cadaveric Facial Dissection and Treatment Correlations with Professor Cotafana and Dr. Aguilera – Medical Education Resources, Inc. – Virtual

Recognition

- RHA GURU - Revance
- Revance Consultant, Speaker, Trainer
- APRN/AGNP-BC Verification notification from the American Nurses Credentialing Center (ANCC) – November
- National Society of Leadership and Success, Walden University
- Galderma AART Class Speaker - GA
- Speaker for MedSpa Mastery virtual program
- Allergan Facial Aesthetics Marketplace Advisory Panel - Virtual
- SSPC (Scientific Sessions Planning Committee) for ISPAN - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- Allergan Medical Institute (AMI) -Associate Faculty for AMI Speaker training - AZ
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- PALETTE Faculty – Scientiae - NY

2020

Education

- BSN to MSN/AGNP Student – Walden University, Minneapolis, MN
- Precision with Toxins: Live Cadaveric Facial Dissection & Treatment Correlations – Medical Education Resources, Inc. – Virtual
- 2020 International Society of Plastic and Aesthetic Nurses (ISPAN) Meeting – Virtual
- Allergan Medical Institute (AMI) Speaker Training – Allergan - Virtual
- Level II – Palette – Virtual
- Specialty Focus: Beyond the Face – Palette – Virtual
- Specialty Focus – Panfacial Rejuvenation – Palette – Virtual
- Child Abuse: An Overview for Mandated Reporters – Pennsylvania State Nurses Association – Virtual
- Level 1 Toxins Workshop – Palette – Virtual
- AnteAGE MD Product Education Certification – AnteAGE Academy
- Rejuvenating the Lower Face – Lips to Neck Workshop – Palette – Virtual
- Level 1 – Fillers Workshop – Palette - Virtual
- Galderma Interactive Anatomy Live Webinar – Galderma – Virtual
- Kysse and Tell Live Webinar – Galderma – Virtual
- Interactive Anatomy Live Webinar – Galderma – Virtual
- Interactive Anatomy Live Webinar (#2) – Galderma – Virtual
- Interactive Anatomy Live Webinar (#3) – Galderma – Virtual
- Virtual “Tear Trough” Webinar with Dr. Christopher Surek
- Prolenium Cadaver Course with Dr. Sachin M. Shridharani
- Safety with Dermal Fillers and Ischemic Events
- Blunt, Bold & Beautiful Live Webinar – Galderma – Virtual
- Sculptra Aesthetic Live Webinar – Galderma – Virtual
- Dysport Delivers Webinar – Galderma - Virtual
- MedSpa Mastery: Online # NOFILTER training – Virtual

- The Science of Stem Cells, Growth Factors, & Cytokines in Aesthetics – AnteAGE Academy - Virtual
- Virtual Anatomy Lab with Dr. Jonathan Sykes, CA
- Facial Anatomy Power Hour – Aesthetic Advancements (AAI) and Christopher Surek – Virtual
- Galderma Interactive Anatomy Live Webinar – Galderma - Live
- PALETTE – Edina, MN
- Redefining Panfacial Rejuvenation: A Paradigm Shift Employing the Volumetric Structural Rejuvenation Approach – Paradigm Medical Communications
- Life Time 2020 Summit – St. Louis Park, MN
- ThinkBIG2020 – Nazarian Institute – West Hollywood, CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors Face-to-Face Meeting

Recognition

- Nomination to the National Society of Leadership and Success, Walden University
- Allergan Facial Aesthetics Advisory Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AMI (Allergan Medical Institute) Faculty, Consultant, Speaker, Trainer – CA
- PALETTE Faculty – Scientiae - NY

2019

Education

- BSN to MSN/AGNP Student – Walden University, Minneapolis, MN
- PALETTE – 2-Day Immersion – New York, NY
- ISPAN (International Society of Plastic and Aesthetic Nurses) Conference, - San Diego, CA
- PALETTE – Fargo, ND
- Aesthetic Next Program- Clinical Track – Dallas, TX
- Academy for Injection Anatomy – Kansas City, MO
- PALETTE – Periorbital Areas – Denver, CO
- GEN Now “Train the Trainer” - Training – Galderma, CA
- AMI (Allergan Medical Institute) Live Speaker Training Meeting – LA, CA & Speaker Training – San Diego, CA
- PALETTE – 2-Day Immersion – San Francisco, CA
- PALETTE – Edina, MN
- PALETTE – Cannula – Denver, CO
- PALETTE – 1 Day Intensive – San Diego, CA
- PALETTE – Chicago, IL
- LAMCA (Los Angeles Multi-Specialty Cosmetic Academy) – Los Angeles, CA
- Regen Labs Plasma Rich Protein training, MN
- Galderma Sculptra training – MN
- Allergan 2019 Juvederm Speaker Training - CA
- Plasma Pen Training – Chicago, IL
- PALETTE Faculty Briefing Meeting – New Orleans, LA

Recognition

- Top 100: The Best Aesthetic Injectors in America Award® – Patient and Peer Nominated
- 2019 President’s Award from ISPAN (International Society of Plastic and Aesthetic Nurses)
- Revance Advisory Board – San Diego, CA
- Plasma Pen by Louise Walsh International: Elite Technician Certification – Minneapolis, MN
- Allergan Facial Aesthetics Advisory Board – San Diego, CA
- GEN Now – Train the Trainer Faculty – Galderma – TX
- Allergan Business Development Trainer – Irvine, CA

- Ambassador Program: Allergan - CA
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AMI (Allergan Medical Institute) Faculty, Consultant, Speaker, Trainer – CA
- PALETTE Faculty – Scientiae - NY

2018

Education

- PALETTE - Kansas City, KS
- ISPAN (International Society of Plastic and Aesthetic Nurses) – Chicago, IL
- ISAPS (International Society of Aesthetic Plastic Surgery) – Miami, FL
- PALETTE – 2-Day Immersion Program – New York, NY
- AMI (Allergan Medical Institute) AMI Speaker Training Meeting, Faculty – CA
- PALETTE – Edina, MN
- GEN Now “Train the Trainer” -training – Galderma, Chicago, IL
- AmSPA Conference – NV

Recognition

- Top 100: The Best Aesthetic Injectors in America Award® – Patient and Peer Nominated
- Allergan – The Future of Medical Aesthetics Advisory Board – West Hollywood, CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) bestows the designation of Fellow (ISPAN-F)
- ISAPS (International Society of Aesthetic Plastic Surgery) – Speaker – Miami FL
- Faculty and Course Planner for University of Minnesota School of Dentistry - 2-day Intensive Course, Mnpls, MN
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AAFPRS (American Academy of Facial Plastic Reconstructive Surgeons) Nurse Collaborator/Planner - IL
- AmSPA Faculty - NV
- GEN Now – Train the trainer faculty – Galderma - TX
- Ambassador Program: Allergan - CA
- National Sales Meeting Speaker – Galderma - TX
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - IL
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injection Network) Consultant, Speaker, Trainer – Galderma - TX
- National Sales Meeting Speaker – Allergan – TX
- AMI (Aesthetic Medical Institute) Consultant, Speaker, Trainer, Faculty – Allergan - AC
- P.A.L.E.T.T.E. Faculty – Scientiae - NY

2017

Education

- GEN Now – “Train the Trainer” - training- Galderma - NY
- 43rd ISPAN (International Society of Plastic and Aesthetic Nurses) Convention – FL
- Cosmetic Bootcamp Fall Meeting for the Core Aesthetic Provider - NV
- 43rd International Society of Plastic and Aesthetic Nurses (ISPAN - formerly ASPSN) Orlando, FL
- Allergan Facial Aesthetics Speaker Training – CA
- Masters Course – EPIC Allergan Training – MN

- GAIN (Galderma Aesthetic Injection Network) Training –Galderma - Dallas, TX
- Full-Day Intensive Workshop - CA

Recognition

- Cosmetic Bootcamp Fall Meeting for the Core Aesthetic Provider – Faculty – NV
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- ISPAN Editorial Board - Plastic Surgical Nursing Journal (PSN)
- ISPAN Manuscript Review Panel PSN Journal
- 1st Place Journal Award for Article: *Botulinum Toxin Type-A (BoNT-A) Injections of the Corrugator Muscles for Aesthetics and Depression?* (Jan/March 2017)
- Aesthetic Chair for the Scientific Session Planning Committee (SSPC) ISPAN
- Cosmetic Boot Camp Faculty Fall for the Core Provider (NV)
- ISPAN (International Society of Plastic and Aesthetic Nurses) – Board of Directors
- AMI (Aesthetic Medical Institute) Faculty – Allergan, CA
- Consultant, Speaker, Trainer –Allergan – CA
- P.A.L.E.T.T.E. Faculty –Scientiae – NY
- GAIN (Galderma Aesthetic Injection Network) Consultant, Speaker, Trainer– Galderma - TX

2016

Education

- RN to BSN Completion/Graduate – Concordia University – St. Paul, MN
- 42nd American Society of Plastic Surgical Nurses (ASPSN) Convention – LA, CA
- Person and Family Centered Care – Institute for Healthcare Improvement
- SkinMedica Speaker Training Program
- The Aesthetic BluePrint – FL
- Masters Course – EPIC Allergan Training - MN

Recognition

- BSN Degree with Honors – Concordia University – St. Paul, MN
- Cosmetic Boot Camp Faculty Fall for the Core Provider (CA)
- PSNCB – Certified Plastic Surgical Nurse Examination Test Writing Task Force – LA, CA
- Facial Aesthetics Council of Experts (F.A.C.E.) Advisory Board – Allergan - Irvine, CA
- SkinMedica, Aesthetic Expert Summit – Faculty Speaker – Las Vegas, NV
- AAFPRS (American Academy of Facial Plastic Reconstructive Surgeons) Nurse Collaborator - CA
- Life Time Summit Director, Moderator and Speaker
- Top 10 HealthCare Professionals Award – National Association of Professional Women
- Kybella & EPIC Consultant, Trainer and Speaker – Allergan - CA
- GAIN (Galderma Aesthetic Injection Network) Consultant and Trainer - Galderma – TX
- 2016 Editorial Board – Plastic Surgical Nursing Journal (PSN)
- 2016 Manuscript Review Panel for PSN Journal
- 2016 Director for Plastic Surgical Nursing Certification Board (PSNCB)
- Allergan – Consultant, Speaker, Trainer - CA
- P.A.L.E.T.T.E. Faculty –Scientiae - NY

2015

Education

- RN to BSN Program – Concordia University – St. Paul, MN
- SkinMedica Educational Summit – Charlotte, NC
- 41st American Society of Plastic Surgical Nurses (ASPSN) Convention – Boston, MA
- The Aesthetic BluePrint – CA

- Dr. de MAIO Master Course – St. Louis, MO
- Becoming a Leader in Health Care – Institute for Healthcare Improvement
- Achieving Breakthrough Quality, Access, and Affordability – Institute for Healthcare Improvement
- Intro to Quality, Cost, and Value in Health Care – Institute for Healthcare Improvement
- Cosmetic Bootcamp Didactic and Life Technique Symposium – Aspen CO
- Evidence Informed Practice, P-Value and Power, Validity and Study Quality –University of MN
- Understanding Anger – Institute for Natural Resources
- HIPAA – Your Obligations Under the Privacy Rule – Concordia University
- Innovations in Facial Aesthetic Medicine: Mastering the Art and Science of Injectables – Paradigm Medical Communications

Recognition

- Expert Injector Advisory Board Council – Galderma Live Web Conference
- US Aesthetic Interview Consultation Work – Allergan Medical Aesthetics Filler Indication Web Conference
- ACE Aesthetic Consultants Exchange Faculty – Allergan, Irvine, CA
- Speaker Training Certification – (ACE) Aesthetic Consultants Exchange
- Kybella Trainer –Allergan, Irvine, CA
- GAIN (Galderma Aesthetic Injection Network) Trainer – Galderma, Dallas, TX
- Faculty Speaker for Allergan Analyst Day – Irvine, CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- 2015 Editorial Board – Plastic Surgical Nursing Journal (PSN)
- 2015 Manuscript Review Panel for PSN Journal
- 2015 Director for Plastic Surgical Nursing Certification Board (PSNCB)
- Member of the Plastic Surgical Practice Analysis Survey Review Group (PSNCB)
- Diamond Lifetime Achievement Award in the field of Health Care – Continental Who's Who
- Elite Women Worldwide Award for Senior Leadership and Outstanding Achievements in the Professional Community

2014

Education

- Advanced Microneedling Training Certification - Skin Pen by Bellus Medical
- Dr. de Maio - Master Course Certificate - IL
- Advanced Ulthera Certification and Ulthera Certification
- 40th American Society of Plastic Surgical Nurses (ASPSN) Convention
- Understanding the Diversity of HA Fillers: An Innovative Approach to Maximizing Facial Beauty- X-Medica, CA
- The Multi-Specialty Aesthetic Initiative for Skin of Color – (USF) University of South Florida
- Enhanced Injection Techniques – Achieving Optimal Outcomes with Facial Injectables – Global Education Grp.
- 11th Annual Aesthetic Symposium
- Medical Error Prevention and Safety certification – FL
- The Aesthetic BluePrint – CA

Recognition

- Expert Injector Advisory Board Member – Galderma, Dallas, TX
- National Association of Distinguished Professionals (NADP) selects Connie as a Distinguished Professional in Her Field
- 2014 Editorial Board – Plastic Surgical Nursing Journal (PSN)
- 2014 Manuscript Review Panel of the PSN Journal
- Member of the PSNCB (Plastic Surgical Nursing Credentialing Board) Practice Analysis Task Force
- 2014 Director for the Plastic Surgical Nursing Certification Board (PSNCB)
- 1st Place Recipient of the Plastic Surgical Nursing Journal Writing Award
- Faculty Speaker for the American Society of Plastic Surgical Nurses (ASPSN) - IL
- Faculty speaker for the American Society of Plastic Surgery Nurses (ASPSN) - CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- ACE (Aesthetic Consultants Exchange) Faculty – Irvine, CA

2013

Education

- The Artistry of Facial Design – Postgraduate Institute for Medicine
- Chemical Peels and Combination Therapy – LWW/CE Connection
- 2013 Annual Meeting of the American Society of Plastic Surgical Nurses (ASPSN) - CA
- Mid-face Rejuvenation – Center for Advanced Aesthetics (CAA) – MN
- Complication Management – Center for Advanced Aesthetics (CAA) – MN
- Lip Rejuvenation – Center for Advanced Aesthetics (CAA) – MN
- Social Anxiety – Institute for Natural Resources (INR)
- The Psychology of Aging – INR
- Psychology and Emotional Healing – INR
- Understanding Emotions - INR
- The Use of Targeted MicroCurrent Therapy in Postoperative Pain Management – LWW/CE Connection
- Speaker training Certification – ACE (Aesthetic Consultants Exchange) – Allergan, CA
- 10th Annual Aesthetic Symposium of the American Society of Plastic Surgical Nurses - NY

Recognition

- CANS (Certified Aesthetic Nurse Specialist) Certification - ASPSN
- Faculty Speaker for the American Society of Plastic Surgery Nurses (ASPSN) – CA
- ACE (Aesthetic Consultants Exchange) Faculty – Allergan - CA
- Faculty Speaker for the ASPSN – NY
- Facial Aesthetics Advisory Board – Allergan, CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- “Delegate” Award - representing Aesthetic Nursing Profession – IWLA (International Woman’s Leadership Association)

2012

Education

- Weight Perfect – Institute for Natural Resources (NR)
- 2012 Annual Meeting of the American Society of Plastic Surgical Nurses – New Orleans, LA
- Allergan ACE Speaker Training Program Certification (Including Latisse and Vivite)
- Successful Aging, Rejuvenation, & Longevity – Institute for Natural Resources (INR) – MN
- Reducing Stress – INR
- The Healing Power of Sleep – INR
- Successful Aging – INR
- Food, Stress, & The Brain – INR – MN
- Prevention of Medical Errors – Excellence in Learning
- Differentiating Neurotoxins in Facial Aesthetics – ASPSN – MA
- Safety and Patient Satisfaction Associated with FDA-Approved Dermal Fillers-University of South FL (USF)

Recognition

- Faculty Speaker for the ASPSN Convention – CA
- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- Juvederm Advisory Board – Moderator for Allergan Medical – CA
- Faculty Trainer for P.A.L.E.T.T.E. –Scientiae, NY
- Honored Member Award “Pinnacle Professional Member” - Continental Who’s Who Registry of National Business Leaders
- Neurotoxin Advisory Board for Allergan Medical – CA
- NEOCUTIS Skin Care Certification – Certified Educator

2011

Education

- Skin Sculpting Technique (SST) Certification with Dermasculpt Microcannula – MN
- Aesthetic Use of Neurotoxins: Avoiding and Managing Complications – Medscape
- In My Practice: Doses and Units in the Aesthetic Use of Neurotoxins - Medscape
- Human Cadaver Facial Anatomy Workshop – Postgraduate Institute for Medicine
- ACE Speaker Training – Allergan – CA
- Skin Sculpting Technique (SST) with DermaSculpt Microcannula – American Institute of Aesthetic Medicine
- Noninvasive Injectables in Facial Aesthetic Therapy – Paradigm Medical – MN
- Management and Leadership in Nursing – Western Schools
- Wound Healing, Scar Formation, and Therapies for the Prevention and Treatment of Scar – ArcMesa Educators
- The Big Picture, New Aesthetic Tools & Techniques to Bridge the Gap Between Patient Expectation and Results- Course 1 – USF
- What are the Necessary Practice Competencies for Providers of Dermal Fillers and Botulinum Toxin Type A Injections – LWW/CE

Recognition

- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- Faculty Speaker for the ASPSN 37th Annual Convention - CO
- Certified Speaker and Peer-to-Peer Trainer for Medicis
- Faculty Speaker for Paradigm Medical Communications – NY
- NAPW Professional Woman of the Year 2011-2012 (National Association of Professional Women)
- Certified Professional Coach Certification from the CCC (Center for Coaching Certification)
- Faculty Trainer for P.A.L.E.T.T.E. –Scientiae, NY

2010

Education

- ASAPS - Physician Extender Advanced Injector Competence Training Certification – NV
- Explore, Expand & Enhance – Incorporating the Beauti”phi”cation Approach with Hyaluronic Acid Dermal Fillers to Enhance Facial Beauty – USF
- Treatment Optimization with Hyaluronic Acid Dermal Fillers: Treatment Intervals, Collagen Stimulation and Persistence – USF
- Medicis Speaker Training
- 2010: A Strong and United ASPSN Meeting – Toronto, ON Canada
- Allergan Medical Facial Aesthetics ACE Speaker Training-CA
- The Latest in Dermal Fillers and Neurotoxins – ASPSN

Recognition

- Faculty Speaker, ASPSN 36th Annual Convention, Toronto, CA
- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- “Top Nurse” Award from the International Association of Nurses; Inclusion in the 2010 Edition of Worldwide Leaders in Healthcare
- “Woman on the Way” Award NAWBO Minnesota (National Association of Women Business Owners)
- Faculty Speaker Certification (Medicis) – MN

2009

Education

- Certified Faculty Speaker for Dysport® (Medicis) – Chicago, IL
- Physician Extender (RN/NP/PA) Injector Competence Training – Level 2 – American Society for Plastic Surgery (ASPS)
- 6th Annual Symposium of the American Society of Plastic Surgical Nurses – Las Vegas, NV
- Differentiating Hyaluronic Acid Dermal Fillers-Strategies for Successful Outcomes – USF

- Advancing Your Injection Techniques with HA Dermal Fillers
- Perfecting the Art of Facial Rejuvenation – Optimizing Outcomes When Injecting Botulinum Toxin in the Upper Face – Millennium CME Institute
- Advances in Facial Rejuvenation: Botulinum Toxin Type A, Hyaluronic Acid Dermal Fillers, and Combination Therapies – Consensus Recommendations – Postgraduate Institute for Medicine
- Medicis Training Certification Program-IL
- Advanced Injection Techniques with the Use of Hyaluronic Acid Dermal Fillers - USF

Recognition

- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- ASAPS - Physician Extender Advanced Injector Competence Training Certification – NV
- Faculty Speaker for P.A.L.E.T.T.E. (Progressive Aesthetic Learning Essential to Technical Expertise) – CA
- Certified Faculty Speaker for Dysport ® (Medicis) – Chicago- IL
- Certified Clarisonic ® Educator – Clarisonic ®

2008

Education

- Evulence® Training (OrthoNeutrogena) – MN
- The 31 Flavors of Fillers: How Do We Choose? –ASPSN
- Core Curriculum for Plastic Surgical Nursing: Dermal Fillers, Botulinum Toxin, Sclerotherapy – PSN Journal
- Treatment Options for Sun Damaged Skin – PSN Journal
- Ethics in Aesthetic Nursing...Avoiding the Ugly Side of Beauty – PSN Journal
- ASPSN CPSN Certification Prep Course
- Differentiating Hyaluronic Acid Dermal Fillers – USF
- Addressing Biometric Volume Loss and Alteration with Collagen Stimulator Treatments – Elsevier
- Perfecting the Art of Facial Rejuvenation-Optimizing Outcomes in Patients After Weight-Loss – Millennium
- Treating the Aging Face: A Practical Primer on Facial Fillers – Elsevier
- Hyaluronic Science and Botulinum Toxin A Science – The Institute for Medical Education
- Photography and Plastic Surgery: Part 1 – LWW/PSNJournal
- Roundtable discussion on Juvederm
- Advanced Techniques: Optimizing Full Facial Correction with Dermal Fillers - Mid Face Volumization and Contouring – Millennium
- Current Concepts in Facial Aesthetics: Consensus Recommendations for Botulinum Toxin Type A (BoNTA) and Hyaluronic Acid (HA) Fillers Part 1 & II – Postgraduate Institute for Medicine
- ASAPS Nurse Injector Competence Training - ASAPS – CA
- Weight Loss Surgery: A Treatment for Morbid Obesity – Western Schools
- Advanced Techniques: Optimizing Full Facial Correction with Dermal Fillers – Upper Face Enhancement – Millennium
- Belt Lipectomy for Lower Body Contouring – Western Schools

Recognition

- Faculty Speaker for Medical Advocates -USF (University of South Florida) (Medicis Grant)
- Moderator for Juvederm Roundtable (Allergan)
- National Nurse Injector Advisory Board (Medicis) – AZ
- Certified Moderator for Restylane®/Perlane® Roundtable (Medicis)
- Faculty Speaker for Strata Med (Allergan Grant)
- CPSN (Certified Plastic Surgical Nursing) Certification – ASPSN
- Certification Exam Grant – Allergan Academy through the Plastic Surgical Nursing Certification Board)
- Advanced Nurse Injector Competence Certification - ASAPS

2007

Education

- Aesthetic Health Dimensions – Advanced Track – Medical Education Collaborative (MEC) & Strata Med
- Shaping the Face of Aesthetic Medicine – Advanced Techniques- Allergan – MN
- Combined Botox ® and Dermal Filler – Advanced – Aesthetic Advancements – MN
- Mid-Level Practitioner Per-to Peer Workshop (Radiesse) – BioForm Medical
- Cosmetic Breast Surgery – Western Schools
- Botox Treatments and Dermal Fillers: The Non-Surgical Alternative – Western Schools
- Juvederm Roundtable Discussion – Allergan - CA

Recognition

- Juvederm Roundtable Speaker Certification -(Allergan) – CA
- Faculty Speaker for CME Scholar (Allergan Grant)
- Speaker for Radiesse Peer-to-peer workshop – MN
- Speaker for Perlane® (Medicis) Peer-to-peer Workshop - MN

1989-2006

Education

- Review of Long-Lasting Dermal Fillers – Cine-Med
- Cosmetic Laser & Procedures Workshop – Alma – MN
- Alzheimers: Things a Nurse needs to Know 2nd Edition – Western Schools
- Comprehensive Dermal Filler Technique Seminar –AAI- MN
- Facial Enhancement and Facial Anti-Aging Treatment using Botox® (Aesthetic Advancements, Inc. (AAI)
- Women's Health: Contemporary Advances and Trends (Western Schools)
- Botox® Cosmetic Successful Practice Building Program – MN
- Restylane Injection Seminar – MN
- SkinCeuticals Training- MN
- Minimally Invasive Approaches for Today's Aesthetic Patient – Thomson Professional Postgraduate Services ®
- Healing Nutrition – Western Schools
- Cosmetic Laser Surgery Course (Nursing Education of America)
- Fundamentals of Laser Physics and Safety; Hands-on Tissue Interaction for Argon (514 nm), KTP (53nm), Pulsed Dye (585, 595,600 nm), Alexandrite (7 55 nm), Diode (810 nm) Nd:YAG (1064 nm) and CO₂ (10,600 nm) (ANW Hospital)MN
- Botox® and Sclerotherapy training (1998)– Chicago, IL
- CO₂ Laser Resurfacing Training (1996) – San Francisco, CA
- Collagen Specialist training (1994)– (Collagen Biomedical)
- Associate in Science/Nursing (RN) - Graduated with Honors (1990-1994)– Normandale – MN
- Health Care Secretary/Clerical Typist Degree – Graduated with Honors (1987-1988) Dakota Tech. Institute

Recognition

- Hostess for Nurse Injector Legislative Dinner – MN
- SkinCeuticals Certification - MN
- Allergan Aesthetic Leadership Forum – CA
- Speaker for AAI – Refill and Restore with Restylane® – MN
- Speaker for Body Miracle Makeover Show – MN
- Faculty Speaker for HealthTech: The Cosmetic Laser Workshop
- Faculty Speaker for Medicis
- Platinum Status with Allergan (Botox® Cosmetic)
- Platinum Status with Medicis (Restylane®)
- CO₂ Laser Resurfacing Certification (1996) – San Francisco, CA
- Advanced Cardiac Life Support Certification (1999) – Alina – MN
- Certified Collagen Specialist – Collagen Biomedical (1995)
- Perioperative Nursing Certification (1994) – MN

- Registered Nurse Licensure (Minnesota Board of Nursing) #128715-2 (1994)
- Clinical Photographer Certification (1989) – Chicago, IL
- “Future Secretary of the Year” Award from Professional Secretaries International
- Gregg Typing Award
- Clerical Typist Technical Degree/ Health Care Secretarial Degree (1988) (Dakota County Tech Institute)

PUBLICATIONS

Journal Editorial Board Member

Plastic Surgical Nursing, 2012 – 2019, Aesthetic Department

Manuscript Reviewer 2014 – 2019

Journal Articles

- Brennan, C. (2018). The Art of the Consultation Experience. *Plastic Surgical Nursing*, 38(1), 25-30.
- Brennan, C. (2016). Botulinum Toxin Type-A (BoNT-A) Injections of the Corrugator Muscles for Aesthetics and Depression? *Plastic Surgical Nursing*, 36(4), 167-169.
- Brennan, C. (2016). Leadership and Management in Aesthetic Medicine. *Plastic Surgical Nursing*, 36(1), 19-23.
- Brennan, C. (2016). Rejuvenation of the Upper Face: The Role of Surgical and Non-Surgical Interventions. *Journal of Aesthetic Nursing*, 5(2), 60-68.
- Brennan, C. (2015). Compassion Fatigue: Strategies for Minimizing Impact on Aesthetic Medical Providers. *Plastic Surgical Nursing*, 35(4), 177-179.
- Brennan, C. (2015). Aesthetic Policy and Procedure Protocols: A 'Must Have' For Every Aesthetic Medical Provider. *Plastic Surgical Nursing*, 35(3), 127-128.
- Brennan, C. (2015). Update on Neurotoxins for Facial Rejuvenation: What They Are, How They Work, and How to Effectively and Safely Use Them. *Plastic Surgical Nursing*, 35(2), 69-75.
- Brennan, C. (2015). “Skin Facts” to Optimize Aesthetic Outcomes. *Plastic Surgical Nursing*, 35(1), 22-25.
- Brennan, C. (2014). Avoiding the “Danger Zones” When Injecting Neuromodulators. *Plastic Surgical Nursing*, 34(4), 173-176.
- Brennan, C. (2014). Avoiding the “Danger Zones” When Injecting Dermal Fillers and Volume Enhancers. *Plastic Surgical Nursing*, 34(3), 108-111.
- Brennan, C. (2014). Stop “Cruising for a Bruising” Mitigating Bruising in Aesthetic Medicine. *Plastic Surgical Nursing*, 34(2), 75-79.
- Brennan, C. (2014). The “Nuts & Bolts” of Becoming an Aesthetic Provider: Part 3 – Maximizing Your Aesthetic Practice and Client Outcomes. *Plastic Surgical Nursing*, 34(2), 62-69.
- Brennan, C. (2014). The “Nuts & Bolts” of Becoming an Aesthetic Provider: Part 2 – Building Your Aesthetic Practice. *Plastic Surgical Nursing*, 34(1), 15-20.
- Brennan, C. (2013). The “Nuts & Bolts” of Becoming an Aesthetic Provider: Part 1 – How Do I Get Started? *Plastic Surgical Nursing*, 33(4), 179-184.
- Brennan, C. (2013). Safety Should Always Trump Convenience in Aesthetics. *Journal of Aesthetic Nursing*, 2(10), 474.
- Brennan, C. (2013). Dermal Fillers and Volume Enhancers for Facial Rejuvenation. *Plastic Surgical Nursing*, 33(3), 118-130.
- Brennan, C. (2012). The Art of the Aesthetic Consultation. *Plastic Surgical Nursing*, 32(1), 12 – 16; quiz 17-18.

Books/Book Chapters

- Brennan, C. (2015, 2019, 2022). Aesthetic Injectables Policy and Procedures Manual Template. www.conniebrennan.com
- Brennan, C. (2014). The Aesthetic Consultation. T. Hotta (Ed.) In *Core Curriculum for Plastic Surgical Nursing*. (pp 2-16). St. Louis: Quality Medical Publishing, Inc.
- Brennan, C. (2014). Dermal Fillers and Volume Enhancers. T. Hotta (Ed.) In *Core Curriculum for Plastic Surgical Nursing*. (pp 17-33). St. Louis: Quality Medical Publishing, Inc.

Interviews and Magazine Articles

- Podcast with Daniel Gouw, ednadigitalmarketing.com/the-art-of-aesthetics-and-the-rise-of-regenerative-medicine-with-connie-brennan, 2024
- Approaching Aesthetics Through the Lens of MENTAL HEALTH: March, 2024, MedEsthetics, medestheticsmag.texterity.com/medesthetics/library/item/march_2024/4174456/
- New in My Practice: Cosmeceuticals: July/August 2023 – Upneeq from RVL Pharmaceuticals. modernaesthetics.com/articles/2023-july-aug/upneeq-from-rvl-pharmaceuticals?c4src=issue:feed
- Connie Brennan on Mitigating Adverse Events of Aesthetic Injectables: In The Consultation Room and Beyond. modernbeautycon.com/connie-brennan-on-mitigating-adverse-events-of-aesthetic-injectables-in-the-consultation-room-and-beyond/, 2023
- What is a Medical Director, and Why Do I Need One? yourspark.com/medical-aesthetics/what-is-medical-director-raquel-frisella-connie-brennan, 2022
- Paving the Way for Nurses in Medical Aesthetics; Journey of Connie Brennan, yourspark.com/medical-aesthetics/medical-aesthetic-nurse-connie-brennan, 2022
- From First Training to Trained Injector, yourspark.com/medical-aesthetics/trained-injector-nichols-rahtelli-brennan-cash, 2021
- Patient Safety in the Medical Aesthetics Industry, yourspark.com/medical-aesthetics/what-is-medical-aesthetics, 2021
- Injectors Who Dominate Medical Aesthetics. *QP The Injector Issue*, Spring 2021 3(1).
- Podcast with Alex Thiersch, Medical Spa Insider AmSPA, The Path from RN to NP for a Nurse Injector, October 2020. <https://podcast.americanmedspa.org/e/the-path-from-rn-to-np-for-a-nurse-injector/>
- Podcast with Dr. Steve Davis, The Plastic Surgery Revolution, The New Normal for the Aesthetic Industry, April 2020.
- Beyond Relaxing Lines. *MedEsthetics*. September 2015.
- American Aesthetic Nurse named 'Woman of Distinction' by National Association. *Journal of Aesthetic Nursing*, March, 2015.
- Connie Brennan Cover Story – *Women of Distinction Magazine*. December 2014.
- Connie Brennan Cover Story – Continental WHO'S WHO. *ICE Magazine*. Spring 2014.
- The Evolution of Aesthetic Enhancement Solutions, LLC. *Nurse Advisor Magazine*. February 2014.
- I am Connie Brennan - The International Women's Leadership Association (The IWLA). *Inspirational Woman Magazine*, January 2014.
- Home Gyms. *Shape Magazine*, September 2010.
- Rejuvenation Options. *Cosmetic Beauty Magazine*, September 2005.

LICENSURES, CERTIFICATIONS AND MEMBERSHIPS

Advanced Practice Registered Nurse (APRN) and Certified Nurse Practitioner (AGNP-BC) in Minnesota

Registered Nurse (RN) in 11 states:

- California
- Colorado
- Illinois
- Massachusetts
- Minnesota
- North Dakota
- Nevada
- New York
- Pennsylvania
- South Dakota
- Wisconsin

Certifications:

- Naturopathy Practitioner Certification - Scolistico - Worldwide International Practitioners of Holistic Medicine (IPHM) Accreditation
- Advance Practice Registered Nurse (APRN)
- Adult Gerontology Nurse Practitioner Board Certification (AGNP-BC)
- Public Health Nurse (PHN)
- Certified Plastic Surgery Nurse (CPSN)
- Certified Aesthetic Nurse Specialist (CANS)
- Certified Professional Coach (CPC)
- International Society of Plastic and Aesthetic Nurses - Fellow distinction (ISPAN-F)

Memberships:

- American Association of Nurse Practitioners
- American Med Spa Association (AmSpa)
- International Society of Plastic and Aesthetic Nurses (ISPAN - formerly ASPSN)
- American Nurses Association (ANA)
- Continental Who's Who Registry of the National Business Leaders
- National Association of Professional Women (NAPW)
- International Association of Nursing (IAN)
- The International Women's Leadership Association (IWLA)
- National Association of Distinguished Professionals – Women of Distinction
- International Association of Top Professionals (IAOTP) – Top Plastic Surgical Nurse of the Year