

EXPERIENCE

2011-Present: Life Time LifeSpa/Medi - Aesthetic Education Director / Certified Nurse Practitioner

Responsible for creating aesthetic curriculum, leading instruction of aesthetic medical providers in the techniques and cosmetic applications of injectables, building a team of aesthetic providers, and evaluating, assessing, and treating clients with dermal fillers, neurotoxins, PRP, threads and deoxycholic acid in the clinical setting.

2009-Present: Aesthetic Enhancement Solutions, LLC – President/Founder

2002-Present: Connie Brennan, N.P. Consulting

www.conniebrennan.com and info@conniebrennanRN.com

Provide comprehensive training for aesthetic medical providers in the assessment & consultation process as well as techniques and aesthetic applications of dermal fillers, neurotoxins, PRP, threads, and deoxycholic acid. Experience includes individual and group courses (fundamentals, intermediate and advanced), roundtable discussions, peer-to-peer workshops, in-office preceptorships, and new account training.

Currently a consultant and trainer for Allergan, Galderma, P.A.L.E.T.T.E. (Progressive Aesthetic Learning Essential to Technical Expertise), and Revance.

Past consulting relationships: Bioform, CME Scholars, Health Tech Solutions Laser Seminars, Medical Advocates (University of South Florida), University of Minnesota, and Strata Med.

2008-Present: MMK Plastic Surgery – Edina, MN

N.P./Certified Aesthetic Nurse Specialist www.MMKplasticsurgery.com

2000-Present: Mesna Plastic Surgery – St. Louis Park, MN

N.P./Certified Aesthetic Nurse Specialist www.Mesnaplasticsurgery.com

2004-2011: Skin Therapease – Wayzata, MN

R.N./Aesthetic Nurse Specialist

2006-2008: Revessence Skin Care Clinic – Eden Prairie, MN

R.N./Aesthetic Nurse Specialist

1998-2000: Adson Twin Cities Plastic Surgery – Edina, MN

R.N./Aesthetic Nurse Specialist

1998-1999: Abbott Cosmetic Care Center - Edina, MN

R.N./Aesthetic Nurse Specialist/O.R. Circulator/First Assist/PACU

1997-1998: Park Nicollet Ambulatory Surgery Center – St. Louis Park, MN

R.N./O.R. Circulator/PACU

1996-1998: Facial Plastic Surgery, Ltd – Edina, MN

R.N./Aesthetic Nurse Specialist/Clinic Manager

1988-1995: Edina Plastic Surgery, Ltd – Edina, MN

R.N. 1994-1995: Registered Nurse/ Collagen Injector/OSHA Safety Officer/Clinical Photographer/O.R. Circulator/First Assist/PACU

1988-1994: Plastic Surgery Assistant/Clinical Photographer

1985-1990: Portrait Studio Photographer/Manager – Burnsville, MN

PROFESSIONAL HIGHLIGHTS

Connie Brennan is a nationally recognized and frequently sought-after expert in facial aesthetic non-surgical treatments that restore and enhance natural beauty.

- 30 +years of experience in aesthetic medicine
- Recognized with over 100 honors
- 500+ continuing education courses completed (not all listed on CV)
- 25+ publications
- Member of seven associations
- Licensed in 11 states
- US Patent granted in 2020 for the ConnieTray™
Patent #D 890,951 for: TRAY FOR INJECTABLE MEDICAMENTS

EDUCATION AND RECOGNITION

2023

Education

- APRN Pharmacology Today: Understanding Herbal, Vitamin, and Mineral Supplements (ANA)
- 2023 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Austin, TX
- Allergan Mobile Cadaver Truck at ISPAN – Austin TX
- Aesthetic Facial Rejuvenation Training for Diverse Patient Populations: Best Practices in Injection Strategies and Techniques – Paradigm Medical Communications, LLC
- Skinvive Train the Trainer – Washington DC
- 2023 Aesthetic Extender Symposium (Boca Raton, FL)
- UPNEEQ Speaker Training – RVL Pharmaceuticals
- PALETTE Tear Trough Titans (Virtual)
- PALETTE Battle of the Lips (Virtual)
- PALETTE Lips and Perioral Area (Virtual)
- APRN Pharmacology Today: Polypharmacy Considerations (ANA)
- APRN Pharmacology Today: Safe Prescribing of Opioids (ANA)
- IV/Chelation Therapy Symposium (George Washington University School of Medicine and Health Sciences)
- Lips & Biz - Miami, FL
- PALETTE Advanced Toxins Only (Virtual)
- Sculptra Advanced Training – MN
- PALETTE Male Facial Aesthetics (Virtual)
- Gua Sha Facial Massage Certificate Course
- PALETTE Level III – Edina, MN
- PALETTE Faculty Briefing Meeting – Las Vegas, NV
- PRP Advanced Training - MN

Recognition

- Advisory Board for AMI Curriculum Development - Irvine, CA
- Speaker at the 2023 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Austin, TX
- Galderma Faculty training at ISPAN 2023
- Faculty - Allergan Mobile Cadaver Truck – ISPAN – Austin, TX
- Faculty for Low-Lying Lids Webinar with Steve Yoelin, MD – RVL Pharmaceutical Speaker Bureau
- Platysma Prominence Ad Board – Allergan - Washington DC
- Skinvive Train the Trainer Meeting – Washington DC
- UPNEEQ Speaker Training Faculty – RVL Speaker Bureau
- 2023 Aesthetic Extender Symposium Speaker - Boca Raton, FL
- PALETTE Faculty – Scientiae – NY
- RVL Consultant, Speaker, Trainer – RVL Pharmaceutical
- RHA GURU - Revance
- Daxxify Consultant, Speaker, Trainer - Revance
- GAIN (Galderma Aesthetic Injector network) Consultant, Speaker, Trainer - Galderma
- AMI (Allergan Medical Institute) Consultant, Speaker, Trainer - Allergan

2022

Education

- Daxxify training– Nashville, TN
- Specialty Focus – Treating Cellulite – Thighs and Buttocks – PALETTE - virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE - virtual
- Volux Speaker Training – AMI – Las Vegas, NV
- Micro Toxin – PALETTE - virtual
- Specialty Focus – Rejuvenating the Arms and Knees PLLA – PALETTE – Denver, CO
- ISPAN Preconference Workshop Round Robin Injection Demonstration Workshop – PALETTE - Boston, MN
- 2022 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Boston, MA
- Specialty Focus: Treating cellulite – Thighs and Buttocks PLLA – PALETTE – virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE – Edina, MN
- Specialty Focus: Rejuvenating the Arms and Knees PLLA – PALETTE - virtual
- Specialty Focus: Jowl and Submental Contouring – PALETTE - virtual
- Level II – PALETTE – Minneapolis, MN
- Swift and Cotofana Lower Face Course – virtual
- Temples, Tear Troughs and Cheeks – PALETTE – Fargo, ND
- Advanced Toxins Workshop – PALETTE - virtual
- Battle of the Lips Workshop – PALETTE - virtual
- Level 1 – PALETTE – Edina, MN
- Treating Cellulite – Thighs & Buttocks PLLA Workshop – PALETTE - virtual
- Specialty Focus: Temples, Tear Troughs and Cheeks – PALETTE – Denver, CO
- Level 1 Toxins – PALETTE - virtual
- Rejuvenating the Neck and Décolleté PLLA – PALETTE - virtual
- Level II – PALETTE - virtual
- Rejuvenating the Arms & knees PLLA Workshop – PALETTE - virtual
- Allergan Medical Institute Accelerate Program Faculty Training – AZ
- Specialty Focus – Temples, Tear Troughs and Cheeks – PALETTE – Edina, MN
- Battle of the Lips Workshop – PALETTE - virtual
- Specialty Focus – Tear Trough Titans – PALETTE - virtual
- Specialty Focus Workshop – Rejuvenating the Lower Face – Lips to Neck – PALETTE - Virtual
- Infraorbital Hollows Speaker Meeting – CA
- RIBC (Revance Injection Broadcast Center) training – Virtual
- Specialty Focus – Temples, Tear Troughs and Cheeks – PALETTE - Virtual
- Swift, Cotofana, and Shamban – RevanceU - virtual

Recognition

- Daxxify Prevu Program and Daxxify Faculty - Nashville, TN
- Faculty for Round Robin Injection Demonstration Workshop - PALETTE– Boston, MA
- Speaker 2022 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – Boston, MA
- Recognized as a Top Nurse Practitioner in MN by Today's Nurse
- RHA Advisory Board advisor
- RHA GURU Recognition - Revance
- PALETTE Faculty – Scientiae - NY
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer
- Associate Faculty for Allergan Medical Institute Accelerate Programs across the country - 2022
- Associate Faculty for Allergan Medical Institute Accelerate Program Pilot Program – AZ
- Advisory Board for the Accelerate Program – AMI (Allergan Medical Institute) – Virtual
- AMI (Allergan Medical Institute) Consultant, Speaker, Trainer

2021

Education

- BSN to MSN/AGNP Student (graduated August 2021)– Walden University, Minneapolis, MN
- PALETTE Faculty Briefing Meeting - CA
- Upper Face Cadaver Lab & Injection Course – Palette – Virtual
- Temples, Tear Troughs and Cheeks – Palette - CO
- Rejuvenating the Older Lip – Palette – Virtual
- Volumizing the MidFace – Palette – Virtual
- 2021 ISPAN (International Society of Plastic and Aesthetic Nurses) Meeting – GA
- MedSpa Mastery Weekend - Virtual
- Battle of the Lips – Palette – Virtual
- Toxins Workshop – Palette – Virtual
- QWO training - MN
- Rejuvenating Beyond the Face – Palette – Virtual
- Test Taking Strategies: Preparation for your Certification Exam - Walden – Virtual
- Jowl and Submental Contouring – Palette – Virtual
- A Case Study Roundtable with Dr. Mauricio de Maio – Allergan – Virtual
- Rejuvenating the Lower Face – Palette – IL
- Revance Course- ND
- AMI - Charlotte, NC
- Intro to Cannula – Palette – Virtual
- Thriving in Aesthetics: High Dose Toxins Webinar – Medical Education Resources - Virtual
- Putting the Pieces Together – Galderma – Virtual
- Level I Fillers – Palette – Virtual
- Advanced Toxins Only – Palette – Virtual
- The Beauty of Balance – Galderma – Virtual
- Volumizing the Midface Workshop – Palette – Virtual
- Train the Trainer 2021 Defyne for Chin – Galderma – Virtual
- AART of GAIN Webinars: Why Chin? – Galderma – Virtual
- PelvicSim Placement Training for Paragard Certification – Paragard
- Precision with Toxins: Live Cadaveric Facial Dissection and Treatment Correlations with Professor Cotafana and Dr. Aguilera – Medical Education Resources, Inc. – Virtual

Recognition

- RHA GURU - Revance
- Revance Consultant, Speaker, Trainer
- APRN/AGNP-BC Verification notification from the American Nurses Credentialing Center (ANCC) – November
- National Society of Leadership and Success, Walden University
- Galderma AART Class Speaker - GA
- Speaker for MedSpa Mastery virtual program
- Allergan Facial Aesthetics Marketplace Advisory Panel - Virtual
- SSPC (Scientific Sessions Planning Committee) for ISPAN - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- Allergan Medical Institute (AMI) -Associate Faculty for AMI Speaker training - AZ
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- PALETTE Faculty – Scientiae - NY

2020

Education

- BSN to MSN/AGNP Student – Walden University, Minneapolis, MN
- Precision with Toxins: Live Cadaveric Facial Dissection & Treatment Correlations – Medical Education Resources, Inc. – Virtual
- 2020 International Society of Plastic and Aesthetic Nurses (ISPAN) Meeting – Virtual
- Allergan Medical Institute (AMI) Speaker Training – Allergan - Virtual
- Level II – Palette – Virtual
- Specialty Focus: Beyond the Face – Palette – Virtual
- Specialty Focus – Panfacial Rejuvenation – Palette – Virtual
- Child Abuse: An Overview for Mandated Reporters – Pennsylvania State Nurses Association – Virtual
- Level 1 Toxins Workshop – Palette – Virtual
- AnteAGE MD Product Education Certification – AnteAGE Academy
- Rejuvenating the Lower Face – Lips to Neck Workshop – Palette – Virtual
- Level 1 – Fillers Workshop – Palette - Virtual
- Galderma Interactive Anatomy Live Webinar – Galderma – Virtual
- Kysse and Tell Live Webinar – Galderma – Virtual
- Interactive Anatomy Live Webinar – Galderma – Virtual
- Interactive Anatomy Live Webinar (#2) – Galderma – Virtual
- Interactive Anatomy Live Webinar (#3) – Galderma – Virtual
- Virtual “Tear Trough” Webinar with Dr. Christopher Surek
- Prolenium Cadaver Course with Dr. Sachin M. Shridharani
- Safety with Dermal Fillers and Ischemic Events
- Blunt, Bold & Beautiful Live Webinar – Galderma – Virtual
- Sculptra Aesthetic Live Webinar – Galderma – Virtual
- Dysport Delivers Webinar – Galderma - Virtual
- MedSpa Mastery: Online # NOFILTER training – Virtual
- The Science of Stem Cells, Growth Factors, & Cytokines in Aesthetics – AnteAGE Academy - Virtual
- Virtual Anatomy Lab with Dr. Jonathan Sykes, CA
- Facial Anatomy Power Hour – Aesthetic Advancements (AAI) and Christopher Surek – Virtual
- Galderma Interactive Anatomy Live Webinar – Galderma - Live
- PALETTE – Edina, MN
- Redefining Panfacial Rejuvenation: A Paradigm Shift Employing the Volumetric Structural Rejuvenation Approach – Paradigm Medical Communications
- Life Time 2020 Summit – St. Louis Park, MN
- ThinkBIG2020 – Nazarian Institute – West Hollywood, CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors Face-to-Face Meeting

Recognition

- Nomination to the National Society of Leadership and Success, Walden University
- Allergan Facial Aesthetics Advisory Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AMI (Allergan Medical Institute) Faculty, Consultant, Speaker, Trainer – CA
- PALETTE Faculty – Scientiae - NY

2019

Education

- BSN to MSN/AGNP Student – Walden University, Minneapolis, MN
- PALETTE – 2-Day Immersion – New York, NY
- ISPAN (International Society of Plastic and Aesthetic Nurses) Conference, - San Diego, CA
- PALETTE – Fargo, ND
- Aesthetic Next Program- Clinical Track – Dallas, TX
- Academy for Injection Anatomy – Kansas City, MO
- PALETTE – Periorbital Areas – Denver, CO
- GEN Now “Train the Trainer” - Training – Galderma, CA
- AMI (Allergan Medical Institute) Live Speaker Training Meeting – LA, CA & Speaker Training – San Diego, CA
- PALETTE – 2-Day Immersion – San Francisco, CA
- PALETTE – Edina, MN
- PALETTE – Cannula – Denver, CO
- PALETTE – 1 Day Intensive – San Diego, CA
- PALETTE – Chicago, IL
- LAMCA (Los Angeles Multi-Specialty Cosmetic Academy) – Los Angeles, CA
- Regen Labs Plasma Rich Protein training, MN
- Galderma Sculptra training – MN
- Allergan 2019 Juvederm Speaker Training - CA
- Plasma Pen Training – Chicago, IL
- PALETTE Faculty Briefing Meeting – New Orleans, LA

Recognition

- Top 100: The Best Aesthetic Injectors in America Award® – Patient and Peer Nominated
- 2019 President’s Award from ISPAN (International Society of Plastic and Aesthetic Nurses)
- Revance Advisory Board – San Diego, CA
- Plasma Pen by Louise Walsh International: Elite Technician Certification – Minneapolis, MN
- Allergan Facial Aesthetics Advisory Board – San Diego, CA
- GEN Now – Train the Trainer Faculty – Galderma – TX
- Allergan Business Development Trainer – Irvine, CA
- Ambassador Program: Allergan - CA
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AMI (Allergan Medical Institute) Faculty, Consultant, Speaker, Trainer – CA
- PALETTE Faculty – Scientiae - NY

2018

Education

- PALETTE - Kansas City, KS
- ISPAN (International Society of Plastic and Aesthetic Nurses) – Chicago, IL
- ISAPS (International Society of Aesthetic Plastic Surgery) – Miami, FL
- PALETTE – 2-Day Immersion Program – New York, NY
- AMI (Allergan Medical Institute) AMI Speaker Training Meeting, Faculty – CA
- PALETTE – Edina, MN
- GEN Now “Train the Trainer” -training – Galderma, Chicago, IL
- AmSPA Conference – NV

Recognition

- Top 100: The Best Aesthetic Injectors in America Award® – Patient and Peer Nominated
- Allergan – The Future of Medical Aesthetics Advisory Board – West Hollywood, CA
- ISPAN (International Society of Plastic and Aesthetic Nurses) bestows the designation of Fellow (ISPAN-F)
- ISAPS (International Society of Aesthetic Plastic Surgery) – Speaker – Miami FL
- Faculty and Course Planner for University of Minnesota School of Dentistry - 2-day Intensive Course, Mnpls, MN
- GAIN (Galderma Aesthetic Injector Network) Consultant, Speaker, Trainer - TX
- AAFPRS (American Academy of Facial Plastic Reconstructive Surgeons) Nurse Collaborator/Planner - IL
- AmSPA Faculty - NV
- GEN Now – Train the trainer faculty – Galderma - TX
- Ambassador Program: Allergan - CA
- National Sales Meeting Speaker – Galderma - TX
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- SSPC (Scientific Sessions Planning Committee) for ISPAN - Aesthetic Chair - IL
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- GAIN (Galderma Aesthetic Injection Network) Consultant, Speaker, Trainer – Galderma - TX
- National Sales Meeting Speaker – Allergan – TX
- AMI (Aesthetic Medical Institute) Consultant, Speaker, Trainer, Faculty – Allergan - AC
- P.A.L.E.T.T.E. Faculty – Scientiae - NY

2017

Education

- GEN Now – “Train the Trainer” - training- Galderma - NY
- 43rd ISPAN (International Society of Plastic and Aesthetic Nurses) Convention – FL
- Cosmetic Bootcamp Fall Meeting for the Core Aesthetic Provider - NV
- 43rd International Society of Plastic and Aesthetic Nurses (ISPAN - formerly ASPSN) Orlando, FL
- Allergan Facial Aesthetics Speaker Training – CA
- Masters Course – EPIC Allergan Training – MN
- GAIN (Galderma Aesthetic Injection Network) Training –Galderma - Dallas, TX
- Full-Day Intensive Workshop - CA

Recognition

- Cosmetic Bootcamp Fall Meeting for the Core Aesthetic Provider – Faculty – NV
- PSN Journal – Manuscript Review Panel
- PSN Journal – Editorial Board
- ISPAN (International Society of Plastic and Aesthetic Nurses) Board of Directors
- ISPAN Editorial Board - Plastic Surgical Nursing Journal (PSN)
- ISPAN Manuscript Review Panel PSN Journal
- 1st Place Journal Award for Article: *Botulinum Toxin Type-A (BoNT-A) Injections of the Corrugator Muscles for Aesthetics and Depression?* (Jan/March 2017)
- Aesthetic Chair for the Scientific Session Planning Committee (SSPC) ISPAN
- Cosmetic Boot Camp Faculty Fall for the Core Provider (NV)
- ISPAN (International Society of Plastic and Aesthetic Nurses) – Board of Directors
- AMI (Aesthetic Medical Institute) Faculty – Allergan, CA
- Consultant, Speaker, Trainer –Allergan – CA
- P.A.L.E.T.T.E. Faculty –Scientiae – NY
- GAIN (Galderma Aesthetic Injection Network) Consultant, Speaker, Trainer– Galderma - TX

2016

Education

- RN to BSN Completion/Graduate – Concordia University – St. Paul, MN
- 42nd American Society of Plastic Surgical Nurses (ASPSN) Convention – LA, CA
- Person and Family Centered Care – Institute for Healthcare Improvement
- SkinMedica Speaker Training Program
- The Aesthetic BluePrint – FL
- Masters Course – EPIC Allergan Training - MN

Recognition

- BSN Degree with Honors – Concordia University – St. Paul, MN
- Cosmetic Boot Camp Faculty Fall for the Core Provider (CA)
- PSNCB – Certified Plastic Surgical Nurse Examination Test Writing Task Force – LA, CA
- Facial Aesthetics Council of Experts (F.A.C.E.) Advisory Board – Allergan - Irvine, CA
- SkinMedica, Aesthetic Expert Summit – Faculty Speaker – Las Vegas, NV
- AAFPRS (American Academy of Facial Plastic Reconstructive Surgeons) Nurse Collaborator - CA
- Life Time Summit Director, Moderator and Speaker
- Top 10 HealthCare Professionals Award – National Association of Professional Women
- Kybella & EPIC Consultant, Trainer and Speaker – Allergan - CA
- GAIN (Galderma Aesthetic Injection Network) Consultant and Trainer - Galderma – TX
- 2016 Editorial Board – Plastic Surgical Nursing Journal (PSN)
- 2016 Manuscript Review Panel for PSN Journal
- 2016 Director for Plastic Surgical Nursing Certification Board (PSNCB)
- Allergan – Consultant, Speaker, Trainer - CA
- P.A.L.E.T.T.E. Faculty –Scientiae - NY

2015

Education

- RN to BSN Program – Concordia University – St. Paul, MN
- SkinMedica Educational Summit – Charlotte, NC
- 41st American Society of Plastic Surgical Nurses (ASPSN) Convention – Boston, MA
- The Aesthetic BluePrint – CA
- Dr. de MAIO Master Course – St. Louis, MO
- Becoming a Leader in Health Care – Institute for Healthcare Improvement
- Achieving Breakthrough Quality, Access, and Affordability – Institute for Healthcare Improvement
- Intro to Quality, Cost, and Value in Health Care – Institute for Healthcare Improvement
- Cosmetic Bootcamp Didactic and Life Technique Symposium – Aspen CO
- Evidence Informed Practice, P-Value and Power, Validity and Study Quality –University of MN
- Understanding Anger – Institute for Natural Resources
- HIPAA – Your Obligations Under the Privacy Rule – Concordia University
- Innovations in Facial Aesthetic Medicine: Mastering the Art and Science of Injectables – Paradigm Medical Communications

Recognition

- Expert Injector Advisory Board Council – Galderma Live Web Conference
- US Aesthetic Interview Consultation Work – Allergan Medical Aesthetics Filler Indication Web Conference
- ACE Aesthetic Consultants Exchange Faculty – Allergan, Irvine, CA
- Speaker Training Certification – (ACE) Aesthetic Consultants Exchange
- Kybella Trainer –Allergan, Irvine, CA
- GAIN (Galderma Aesthetic Injection Network) Trainer – Galderma, Dallas, TX
- Faculty Speaker for Allergan Analyst Day – Irvine, CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- 2015 Editorial Board – Plastic Surgical Nursing Journal (PSN)

- 2015 Manuscript Review Panel for PSN Journal
- 2015 Director for Plastic Surgical Nursing Certification Board (PSNCB)
- Member of the Plastic Surgical Practice Analysis Survey Review Group (PSNCB)
- Diamond Lifetime Achievement Award in the field of Health Care – Continental Who's Who
- Elite Women Worldwide Award for Senior Leadership and Outstanding Achievements in the Professional Community

2014

Education

- Advanced Microneedling Training Certification - Skin Pen by Bellus Medical
- Dr. de Maio - Master Course Certificate - IL
- Advanced Ulthera Certification and Ulthera Certification
- 40th American Society of Plastic Surgical Nurses (ASPSN) Convention
- Understanding the Diversity of HA Fillers: An Innovative Approach to Maximizing Facial Beauty- X-Medica, CA
- The Multi-Specialty Aesthetic Initiative for Skin of Color – (USF) University of South Florida
- Enhanced Injection Techniques – Achieving Optimal Outcomes with Facial Injectables – Global Education Grp.
- 11th Annual Aesthetic Symposium
- Medical Error Prevention and Safety certification – FL
- The Aesthetic BluePrint – CA

Recognition

- Expert Injector Advisory Board Member – Galderma, Dallas, TX
- National Association of Distinguished Professionals (NADP) selects Connie as a Distinguished Professional in Her Field
- 2014 Editorial Board – Plastic Surgical Nursing Journal (PSN)
- 2014 Manuscript Review Panel of the PSN Journal
- Member of the PSNCB (Plastic Surgical Nursing Credentialing Board) Practice Analysis Task Force
- 2014 Director for the Plastic Surgical Nursing Certification Board (PSNCB)
- 1st Place Recipient of the Plastic Surgical Nursing Journal Writing Award
- Faculty Speaker for the American Society of Plastic Surgical Nurses (ASPSN) - IL
- Faculty speaker for the American Society of Plastic Surgery Nurses (ASPSN) - CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- ACE (Aesthetic Consultants Exchange) Faculty – Irvine, CA

2013

Education

- The Artistry of Facial Design – Postgraduate Institute for Medicine
- Chemical Peels and Combination Therapy – LWW/CE Connection
- 2013 Annual Meeting of the American Society of Plastic Surgical Nurses (ASPSN) - CA
- Mid-face Rejuvenation – Center for Advanced Aesthetics (CAA) – MN
- Complication Management – Center for Advanced Aesthetics (CAA) – MN
- Lip Rejuvenation – Center for Advanced Aesthetics (CAA) – MN
- Social Anxiety – Institute for Natural Resources (INR)
- The Psychology of Aging – INR
- Psychology and Emotional Healing – INR
- Understanding Emotions - INR
- The Use of Targeted MicroCurrent Therapy in Postoperative Pain Management – LWW/CE Connection
- Speaker training Certification – ACE (Aesthetic Consultants Exchange) – Allergan, CA
- 10th Annual Aesthetic Symposium of the American Society of Plastic Surgical Nurses - NY

Recognition

- CANS (Certified Aesthetic Nurse Specialist) Certification - ASPSN
- Faculty Speaker for the American Society of Plastic Surgery Nurses (ASPSN) – CA
- ACE (Aesthetic Consultants Exchange) Faculty – Allergan - CA

- Faculty Speaker for the ASPSN – NY
- Facial Aesthetics Advisory Board – Allergan, CA
- Faculty Trainer for P.A.L.E.T.T.E. – Scientiae, NY
- “Delegate” Award - representing Aesthetic Nursing Profession – IWLA (International Woman’s Leadership Association)

2012

Education

- Weight Perfect – Institute for Natural Resources (NR)
- 2012 Annual Meeting of the American Society of Plastic Surgical Nurses – New Orleans, LA
- Allergan ACE Speaker Training Program Certification (Including Latisse and Vivite)
- Successful Aging, Rejuvenation, & Longevity – Institute for Natural Resources (INR) – MN
- Reducing Stress – INR
- The Healing Power of Sleep – INR
- Successful Aging – INR
- Food, Stress, & The Brain – INR – MN
- Prevention of Medical Errors – Excellence in Learning
- Differentiating Neurotoxins in Facial Aesthetics – ASPSN – MA
- Safety and Patient Satisfaction Associated with FDA-Approved Dermal Fillers-University of South FL (USF)

Recognition

- Faculty Speaker for the ASPSN Convention – CA
- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- Juvederm Advisory Board – Moderator for Allergan Medical – CA
- Faculty Trainer for P.A.L.E.T.T.E. –Scientiae, NY
- Honored Member Award “Pinnacle Professional Member” - Continental Who’s Who Registry of National Business Leaders
- Neurotoxin Advisory Board for Allergan Medical – CA
- NEOCUTIS Skin Care Certification – Certified Educator

2011

Education

- Skin Sculpting Technique (SST) Certification with Dermasculpt Microcannula – MN
- Aesthetic Use of Neurotoxins: Avoiding and Managing Complications – Medscape
- In My Practice: Doses and Units in the Aesthetic Use of Neurotoxins - Medscape
- Human Cadaver Facial Anatomy Workshop – Postgraduate Institute for Medicine
- ACE Speaker Training – Allergan – CA
- Skin Sculpting Technique (SST) with DermaSculpt Microcannula – American Institute of Aesthetic Medicine
- Noninvasive Injectables in Facial Aesthetic Therapy – Paradigm Medical – MN
- Management and Leadership in Nursing – Western Schools
- Wound Healing, Scar Formation, and Therapies for the Prevention and Treatment of Scar – ArcMesa Educators
- The Big Picture, New Aesthetic Tools & Techniques to Bridge the Gap Between Patient Expectation and Results- Course 1 – USF
- What are the Necessary Practice Competencies for Providers of Dermal Fillers and Botulinum Toxin Type A Injections – LWW/CE

Recognition

- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- Faculty Speaker for the ASPSN 37th Annual Convention - CO
- Certified Speaker and Peer-to-Peer Trainer for Medicis
- Faculty Speaker for Paradigm Medical Communications – NY
- NAPW Professional Woman of the Year 2011-2012 (National Association of Professional Women)

- Certified Professional Coach Certification from the CCC (Center for Coaching Certification)
- Faculty Trainer for P.A.L.E.T.T.E. –Scientiae, NY

2010

Education

- ASAPS - Physician Extender Advanced Injector Competence Training Certification – NV
- Explore, Expand & Enhance – Incorporating the Beauti”phi”cation Approach with Hyaluronic Acid Dermal Fillers to Enhance Facial Beauty – USF
- Treatment Optimization with Hyaluronic Acid Dermal Fillers: Treatment Intervals, Collagen Stimulation and Persistence – USF
- Medicis Speaker Training
- 2010: A Strong and United ASPSN Meeting – Toronto, ON Canada
- Allergan Medical Facial Aesthetics ACE Speaker Training-CA
- The Latest in Dermal Fillers and Neurotoxins – ASPSN

Recognition

- Faculty Speaker, ASPSN 36th Annual Convention, Toronto, CA
- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- “Top Nurse” Award from the International Association of Nurses; Inclusion in the 2010 Edition of Worldwide Leaders in Healthcare
- “Woman on the Way” Award NAWBO Minnesota (National Association of Women Business Owners)
- Faculty Speaker Certification (Medicis) – MN

2009

Education

- Certified Faculty Speaker for Dysport® (Medicis) – Chicago, IL
- Physician Extender (RN/NP/PA) Injector Competence Training – Level 2 – American Society for Plastic Surgery (ASPS)
- 6th Annual Symposium of the American Society of Plastic Surgical Nurses – Las Vegas, NV
- Differentiating Hyaluronic Acid Dermal Fillers-Strategies for Successful Outcomes – USF
- Advancing Your Injection Techniques with HA Dermal Fillers
- Perfecting the Art of Facial Rejuvenation – Optimizing Outcomes When Injecting Botulinum Toxin in the Upper Face – Millennium CME Institute
- Advances in Facial Rejuvenation: Botulinum Toxin Type A, Hyaluronic Acid Dermal Fillers, and Combination Therapies – Consensus Recommendations – Postgraduate Institute for Medicine
- Medicis Training Certification Program-IL
- Advanced Injection Techniques with the Use of Hyaluronic Acid Dermal Fillers - USF

Recognition

- Faculty Speaker for Allergan Medical Facial Aesthetics Portfolio – CA
- ASAPS - Physician Extender Advanced Injector Competence Training Certification – NV
- Faculty Speaker for P.A.L.E.T.T.E. (Progressive Aesthetic Learning Essential to Technical Expertise) – CA
- Certified Faculty Speaker for Dysport ® (Medicis) – Chicago- IL
- Certified Clarisonic ® Educator – Clarisonic ®

2008

Education

- Evolence® Training (OrthoNeutrogena) – MN
- The 31 Flavors of Fillers: How Do We Choose? –ASPSN
- Core Curriculum for Plastic Surgical Nursing: Dermal Fillers, Botulinum Toxin, Sclerotherapy – PSN Journal
- Treatment Options for Sun Damaged Skin – PSN Journal
- Ethics in Aesthetic Nursing...Avoiding the Ugly Side of Beauty – PSN Journal

- ASPSN CPSN Certification Prep Course
- Differentiating Hyaluronic Acid Dermal Fillers – USF
- Addressing Biometric Volume Loss and Alteration with Collagen Stimulator Treatments – Elsevier
- Perfecting the Art of Facial Rejuvenation-Optimizing Outcomes in Patients After Weight-Loss – Millennium
- Treating the Aging Face: A Practical Primer on Facial Fillers – Elsevier
- Hyaluronic Science and Botulinum Toxin A Science – The Institute for Medical Education
- Photography and Plastic Surgery: Part 1 – LWW/PSNJournal
- Roundtable discussion on Juvederm
- Advanced Techniques: Optimizing Full Facial Correction with Dermal Fillers - Mid Face Volumization and Contouring – Millennium
- Current Concepts in Facial Aesthetics: Consensus Recommendations for Botulinum Toxin Type A (BoNTA) and Hyaluronic Acid (HA) Fillers Part 1 & II – Postgraduate Institute for Medicine
- ASAPS Nurse Injector Competence Training - ASAPS – CA
- Weight Loss Surgery: A Treatment for Morbid Obesity – Western Schools
- Advanced Techniques: Optimizing Full Facial Correction with Dermal Fillers – Upper Face Enhancement – Millennium
- Belt Lipectomy for Lower Body Contouring – Western Schools

Recognition

- Faculty Speaker for Medical Advocates -USF (University of South Florida) (Medicis Grant)
- Moderator for Juvederm Roundtable (Allergan)
- National Nurse Injector Advisory Board (Medicis) – AZ
- Certified Moderator for Restylane®/Perlane® Roundtable (Medicis)
- Faculty Speaker for Strata Med (Allergan Grant)
- CPSN (Certified Plastic Surgical Nursing) Certification – ASPSN
- Certification Exam Grant – Allergan Academy through the Plastic Surgical Nursing Certification Board)
- Advanced Nurse Injector Competence Certification - ASAPS

2007

Education

- Aesthetic Health Dimensions – Advanced Track – Medical Education Collaborative (MEC) & Strata Med
- Shaping the Face of Aesthetic Medicine – Advanced Techniques- Allergan – MN
- Combined Botox ® and Dermal Filler – Advanced – Aesthetic Advancements – MN
- Mid-Level Practitioner Per-to Peer Workshop (Radiesse) – BioForm Medical
- Cosmetic Breast Surgery – Western Schools
- Botox Treatments and Dermal Fillers: The Non-Surgical Alternative – Western Schools
- Juvederm Roundtable Discussion – Allergan - CA

Recognition

- Juvederm Roundtable Speaker Certification -(Allergan) – CA
- Faculty Speaker for CME Scholar (Allergan Grant)
- Speaker for Radiesse Peer-to-peer workshop – MN
- Speaker for Perlane® (Medicis) Peer-to-peer Workshop - MN

1989-2006

Education

- Review of Long-Lasting Dermal Fillers – Cine-Med
- Cosmetic Laser & Procedures Workshop – Alma – MN
- Alzheimers: Things a Nurse needs to Know 2nd Edition – Western Schools
- Comprehensive Dermal Filler Technique Seminar –AAI- MN
- Facial Enhancement and Facial Anti-Aging Treatment using Botox® (Aesthetic Advancements, Inc. (AAI)
- Women's Health: Contemporary Advances and Trends (Western Schools)

- Botox® Cosmetic Successful Practice Building Program – MN
- Restylane Injection Seminar – MN
- SkinCeuticals Training- MN
- Minimally Invasive Approaches for Today's Aesthetic Patient – Thomson Professional Postgraduate Services ®
- Healing Nutrition – Western Schools
- Cosmetic Laser Surgery Course (Nursing Education of America)
- Fundamentals of Laser Physics and Safety; Hands-on Tissue Interaction for Argon (514 nm), KTP (53nm), Pulsed Dye (585, 595,600 nm), Alexandrite (7 55 nm), Diode (810 nm) Nd:YAG (1064 nm) and CO₂ (10,600 nm) (ANW Hospital)MN
- Botox® and Sclerotherapy training (1998)– Chicago, IL
- CO₂ Laser Resurfacing Training (1996) – San Francisco, CA
- Collagen Specialist training (1994)– (Collagen Biomedical)
- Associate in Science/Nursing (RN) - Graduated with Honors (1990-1994)– Normandale – MN
- Health Care Secretary/Clerical Typist Degree – Graduated with Honors (1987-1988) Dakota Tech. Institute

Recognition

- Hostess for Nurse Injector Legislative Dinner – MN
- SkinCeuticals Certification - MN
- Allergan Aesthetic Leadership Forum – CA
- Speaker for AAI – Refill and Restore with Restylane® – MN
- Speaker for Body Miracle Makeover Show – MN
- Faculty Speaker for HealthTech: The Cosmetic Laser Workshop
- Faculty Speaker for Medicis
- Platinum Status with Allergan (Botox® Cosmetic)
- Platinum Status with Medicis (Restylane®)
- CO₂ Laser Resurfacing Certification (1996) – San Francisco, CA
- Advanced Cardiac Life Support Certification (1999) – Alina – MN
- Certified Collagen Specialist – Collagen Biomedical (1995)
- Perioperative Nursing Certification (1994) – MN
- Registered Nurse Licensure (Minnesota Board of Nursing) #128715-2 (1994)
- Clinical Photographer Certification (1989) – Chicago, IL
- “Future Secretary of the Year” Award from Professional Secretaries International
- Gregg Typing Award
- Clerical Typist Technical Degree/ Health Care Secretarial Degree (1988) (Dakota County Tech Institute)

PUBLICATIONS

Journal Editorial Board Member

Plastic Surgical Nursing, 2012 – 2019, Aesthetic Department

Manuscript Reviewer 2014 – 2019

Journal Articles

- Brennan, C. (2018). The Art of the Consultation Experience. *Plastic Surgical Nursing*, 38(1), 25-30.
- Brennan, C. (2016). Botulinum Toxin Type-A (BoNT-A) Injections of the Corrugator Muscles for Aesthetics and Depression? *Plastic Surgical Nursing*, 36(4), 167-169.
- Brennan, C. (2016). Leadership and Management in Aesthetic Medicine. *Plastic Surgical Nursing*, 36(1), 19-23.
- Brennan, C. (2016). Rejuvenation of the Upper Face: The Role of Surgical and Non-Surgical Interventions. *Journal of Aesthetic Nursing*, 5(2), 60-68.
- Brennan, C. (2015). Compassion Fatigue: Strategies for Minimizing Impact on Aesthetic Medical Providers. *Plastic Surgical Nursing*, 35(4), 177-179.
- Brennan, C. (2015). Aesthetic Policy and Procedure Protocols: A 'Must Have' For Every Aesthetic Medical Provider. *Plastic Surgical Nursing*, 35(3), 127-128.

- Brennan, C. (2015). Update on Neurotoxins for Facial Rejuvenation: What They Are, How They Work, and How to Effectively and Safely Use Them. *Plastic Surgical Nursing*, 35(2), 69-75.
- Brennan, C. (2015). "Skin Facts" to Optimize Aesthetic Outcomes. *Plastic Surgical Nursing*, 35(1), 22-25.
- Brennan, C. (2014). Avoiding the "Danger Zones" When Injecting Neuromodulators. *Plastic Surgical Nursing*, 34(4), 173-176.
- Brennan, C. (2014). Avoiding the "Danger Zones" When Injecting Dermal Fillers and Volume Enhancers. *Plastic Surgical Nursing*, 34(3), 108-111.
- Brennan, C. (2014). Stop "Cruising for a Bruising" Mitigating Bruising in Aesthetic Medicine. *Plastic Surgical Nursing*, 34(2), 75-79.
- Brennan, C. (2014). The "Nuts & Bolts" of Becoming an Aesthetic Provider: Part 3 – Maximizing Your Aesthetic Practice and Client Outcomes. *Plastic Surgical Nursing*, 34(2), 62-69.
- Brennan, C. (2014). The "Nuts & Bolts" of Becoming an Aesthetic Provider: Part 2 – Building Your Aesthetic Practice. *Plastic Surgical Nursing*, 34(1), 15-20.
- Brennan, C. (2013). The "Nuts & Bolts" of Becoming an Aesthetic Provider: Part 1 – How Do I Get Started? *Plastic Surgical Nursing*, 33(4), 179-184.
- Brennan, C. (2013). Safety Should Always Trump Convenience in Aesthetics. *Journal of Aesthetic Nursing*, 2(10), 474.
- Brennan, C. (2013). Dermal Fillers and Volume Enhancers for Facial Rejuvenation. *Plastic Surgical Nursing*, 33(3), 118-130.
- Brennan, C. (2012). The Art of the Aesthetic Consultation. *Plastic Surgical Nursing*, 32(1), 12 – 16; quiz 17-18.

Books/Book Chapters

- Brennan, C. (2015, 2019, 2022). Aesthetic Injectables Policy and Procedures Manual Template. www.conniebrennan.com
- Brennan, C. (2014). The Aesthetic Consultation. T. Hotta (Ed.) In *Core Curriculum for Plastic Surgical Nursing*. (pp 2-16). St. Louis: Quality Medical Publishing, Inc.
- Brennan, C. (2014). Dermal Fillers and Volume Enhancers. T. Hotta (Ed.) In *Core Curriculum for Plastic Surgical Nursing*. (pp 17-33). St. Louis: Quality Medical Publishing, Inc.

Interviews and Magazine Articles

- Approaching Aesthetics Through the Lens of MENTAL HEALTH: March, 2024, MedEsthetics, https://medestheticsmag.texterity.com/medesthetics/library/item/march_2024/4174456/
- New in My Practice: Cosmeceuticals: July/August 2023 – Upneeq from RVL Pharmaceuticals. <https://modernaesthetics.com/articles/2023-july-aug/upneeq-from-rvl-pharmaceuticals?c4src=issue:feed>
- Connie Brennan on Mitigating Adverse Events of Aesthetic Injectables: In The Consultation Room and Beyond. <https://modernbeautycon.com/connie-brennan-on-mitigating-adverse-events-of-aesthetic-injectables-in-the-consultation-room-and-beyond/>, 2023
- What is a Medical Director, and Why Do I Need One? Yourspark.com/medical-aesthetics/what-is-medical-director-raquel-frisella-connie-brennan, 2022
- Paving the Way for Nurses in Medical Aesthetics; Journey of Connie Brennan. Yourspark.com/medical-aesthetics-nurse-connie-brennan, 2022
- From First Training to Trained Injector. Yourspark.com/medical-aesthetics/trained-injector-nihols-rahtelli-brennan-cash, 2021
- Patient Safety in the Medical Aesthetics Industry, Yourspark.com/medical-aesthetics, 2021
- Injectors Who Dominate Medical Aesthetics. *QP The Injector Issue*, Spring 2021 3(1).
- Podcast with Alex Thiersch, Medical Spa Insider AmSPA, The Path from RN to NP for a Nurse Injector, October 2020. <https://podcast.americanmedspa.org/e/the-path-from-rn-to-np-for-a-nurse-injector/>
- Podcast with Dr. Steve Davis, The Plastic Surgery Revolution, The New Normal for the Aesthetic Industry, April 2020.
- Beyond Relaxing Lines. *MedEsthetics*. September 2015.
- American Aesthetic Nurse named 'Woman of Distinction' by National Association. *Journal of Aesthetic Nursing*, March, 2015.

- Connie Brennan Cover Story – *Women of Distinction Magazine*. December 2014.
- Connie Brennan Cover Story – Continental WHO'S WHO. *ICE Magazine*. Spring 2014.
- The Evolution of Aesthetic Enhancement Solutions, LLC. *Nurse Advisor Magazine*. February 2014.
- I am Connie Brennan - The International Women's Leadership Association (The IWLA). *Inspirational Woman Magazine*, January 2014.
- Home Gyms. *Shape Magazine*, September 2010.
- Rejuvenation Options. *Cosmetic Beauty Magazine*, September 2005.

LICENSURES, CERTIFICATIONS AND MEMBERSHIPS

Advanced Practice Registered Nurse (APRN) and Certified Nurse Practitioner (AGNP-BC) in Minnesota

Registered Nurse (RN) in 11 states:

- California
- Colorado
- Illinois
- Massachusetts
- Minnesota
- North Dakota
- Nevada
- New York
- Pennsylvania
- South Dakota
- Wisconsin

Certifications:

- Advance Practice Registered Nurse (APRN)
- Adult Gerontology Nurse Practitioner Board Certification (AGNP-BC)
- Public Health Nurse (PHN)
- Certified Plastic Surgery Nurse (CPSN)
- Certified Aesthetic Nurse Specialist (CANS)
- Certified Professional Coach (CPC)
- International Society of Plastic and Aesthetic Nurses - Fellow distinction (ISPAN-F)

Memberships:

- American Association of Nurse Practitioners
- American Med Spa Association (AmSpa)
- International Society of Plastic and Aesthetic Nurses (ISPAN - formerly ASPSN)
- American Nurses Association (ANA)
- Continental Who's Who Registry of the National Business Leaders
- National Association of Professional Women (NAPW)
- International Association of Nursing (IAN)
- The International Women's Leadership Association (IWLA)
- National Association of Distinguished Professionals – Women of Distinction
- International Association of Top Professionals (IAOTP) – Top Plastic Surgical Nurse of the Year